

CANDIDIASIS

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1° PERFORM PROTOCOL FOR AT LEAST 5 WEEKS:

(partner should also do it):

- ◆ Walnut tincture (Clark): First 6 days: a tablespoon in a glass with cold water 15 minutes before a meal. Wait for another 10 minutes before ingesting food. Once jar is open keep it in the refrigerator. On the 7th day: 3 tablespoons in a glass with cold water once a week 15 minutes before a meal. Then take 3 tablespoons once a week.
- ◆ Turmeric (Clark): 3 breakfast, 3 lunch and 3 dinner
- ◆ Fennel (Clark): 3 breakfast , 3 lunch and 3 dinner
- ◆ Lugol (Clark): if you are not allergic to iodine: 6 drops in water, 4 times a day between meals
- ◆ Oregano oil (Clark): 5 droplets in an empty capsule (Clark) with 2 meals (full stomach)
- ◆ Vitamin C (Clark): 1 breakfast, 1 lunch and 1 dinner

CANDIDIASIS (Continued)

- ◆ Complex B (Clark): 1 breakfast
- ◆ Ecuinacea (clark): 1 breakfast and 1 lunch
- ◆ Betaine (Clark): 1 breakfast, 1 lunch and 1 dinner
- ◆ Pau d'arco (Clark): 2 breakfast, 2 lunch and 2 dinner
- ◆ Probiotic with a little of room temperature water 15 minutes before breakfast
- ◆ Psyllium seeds: 1 tablespoon dissolved in a glass of water on waking up and when going to bed
- ◆ Garlic extract (Clark): 2 breakfast, 2 lunch and 2 dinner

CANDIDIASIS (Continued)

- ◆ *In case of affecting the vagina, apply coconut oil in the morning and at night on deep vaginal level and insert a tampon with 4 or 5 droplets of tree extract tea.
- ◆ *In case of thrush, rinse with coconut oil 10 to 15 minutes 3 times a day and spit.
- ◆ *Perform hygiene with dental powder with oregano.

CANDIDIASIS (Continued)

- 1° ➤ 3 tablespoon of walnut tincture (Clark) in a glass of water. Drink slowly for 15 minutes before a meal, wait for another 15 minutes before ingesting any food. Once open keep it in refrigerator
- Lugol (Clark): If you are not allergic to iodine: 6 droplets in water 4 times a day. The same day as walnut tincture
- Oregano oil (Clark): 5 droplets in empty capsule (Clark) with a meal (full stomach)

2° Once a week, on the same day:

Detox. of heavy metals and during this process 4-5 liver cleansings+weekly reminder.

(We remind the protocol for detox of heavy metals – Level 1, page 270)

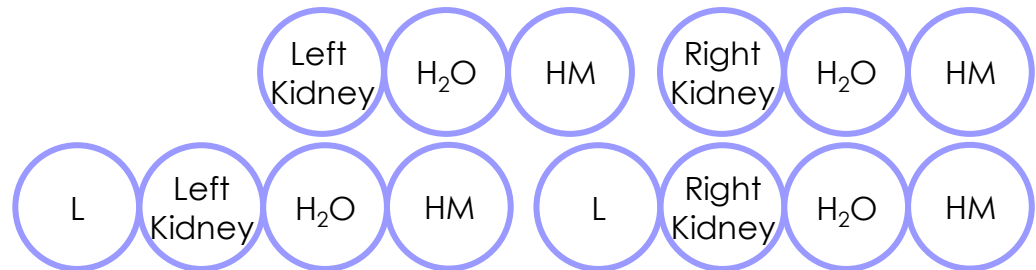
3° Kidney cleansing

4° 5 liver flushes (1 every 2-3 weeks)

CANDIDIASIS (Continued)

HOMEOGRAPHIES (optional):

- ◆ Kidney +
- ◆ Take out:
 - HM of kidneys
 - HM of 'L' kidneys



ZAPPER (important):

- ◆ Regular Zapper 15 min., 3 times a day (no more than 15 min. because candida hides itself).

ZAPPING PLATES:

- ◆ Candida 15 min. 3 times a day
- ◆ Do not stop making the regular Zapper because candida is always related with the parasites where it hides

OBSERVATIONS:

- ◆ Eliminate metals from the mouth (VERY IMPORTANT)
- ◆ Drink pure water
- ◆ Eliminate fruits and sugar and products that contain them. Fructose is not allowed as well.

ADDITIONAL INFORMATION

BOOK OF INTEREST

For any questions about
Clark Therapy, contact
us in:

info@clarktherapyon-line.com

